



केन्द्रीय सिविल सेवा साँस्कृतिक एवं क्रीड़ा बोर्ड
Central Civil Services Cultural & Sports Board
(Registration No. 2621)
Department of Personnel and Training
Ministry of Personnel, Public Grievances and Pensions
Government of India

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361, B-Wing, 3rd Floor
Lok Nayak Bhawan
New Delhi- 110003

F.No.59/2/2019-20/CCSCSB

Dated 5.3.2024

To

The Chief Secretaries of All States and UTs and;
President/Secretaries of all Regional Sports Boards

Sub: All India Civil Services Weightlifting, Powerlifting & Best Physique Tournaments 2023-24

Central Civil Services Cultural and Sports Board (CCSCSB) is organising All India Civil Services **Weightlifting, Powerlifting & Best Physique Tournaments 2023-24**. The details of the Tournaments are as under:-

S. No	Game/Event	Dates of tournament	Last date of entry	Team Composition		Venue
1	Best Physique	18.3.2024 to 22.3.2024	15.3.2024	Men	14	Grih Kalyan Kendra, Raza Bazaar, 79, Bangla Sahib Lane, Block 58, Raja Bazaar Road Area, Connaught Place, New Delhi, Delhi 110001
	Coach			01		
	Manager			01		
				Total	16	
	Weightlifting			Men	10	
				Women	10	
				Men Coach	01	
				Women Coach	01	
				Manager	01	
				Total	23	
	Powerlifting			Men	08	
				Women	08	
				Men Coach	01	
				Women Coach	01	
				Manager	01	
				Total	19	

The Weighlifting, Powerlifting and Best Physique Championship will be held in the following weight categories

Men - Power lifting	Women - Power lifting	Men - Weight Lifting	Women -Weight Lifting	Best Physique
59kg	47kg	55kg	45kg	55kg
66kg	52kg	61kg	49kg	60kg
74kg	57kg	67kg	55kg	65kg
83kg	63kg	73kg	59kg	70kg
93kg	69kg	81kg	64kg	75kg
105kg	76kg	89kg	71kg	80kg
120kg	84kg	96kg	76kg	85kg
+120kg	+84kg	102kg	81kg	90kg
		109kg	87kg	100kg
		+109kg	87+kg	+100 Kg
				Open Master Category (Age) 40+ and (Age) 50+

2. A copy of the updated rules for All India Civil Services Tournaments indicating eligibility criteria, composition of Team Rules of games etc has already been circulated to all concerned. The same is available on the website at <http://dopt.gov.in/about-us/wings-or-division-in-dopt/Welfare-divisions>.

3. The States/UTs and Regional Sports Boards are requested to consider sending their team for the above All India Civil Services Tournaments.

4. It may be ensured that the entries are submitted within prescribed time limits. Teams are requested to make their own arrangements for accommodation and transportation.

5. **List of players along with photocopy of their Identity Card** should be authenticated by the authorized officer under his signature & seal.

6. All the participants shall carry individual Identity Card/Identity Slip/Age Proof for verification of eligibility criteria by the Organizing Committee/Representatives of the Board/Wrestling Men and Women Convener at the venue of the All India Civil Services Tournament.

7. **Managers Meeting will be held on 5.00 PM dated 17.3.2024 at the venue.**

8. Addresses, Telephone Numbers, E-mail Addresses may be indicated by the participating State/UTs/RSB's.

9. Every participating team may bring two flags representing their States/UT/Regional Sports Board with them.

10. It should be ensured that every member of the team reports at the venue and participates in the tournament as scheduled. Failure to do so shall be treated as an act of indiscipline. All the participants shall maintain strict discipline on and off the venue of the tournament. Any act of indiscipline/misbehavior/misconduct will attract the provision of CCS (Conduct) Rules since Government Employees are treated 'ON DUTY' during All India Civil Services Tournament.

11. The following categories of employees are not eligible for participation in AICS Tournaments:-

- (a) Uniform personnel in Defence Services/Para Military Organizations/Central Police Organization/Police/RPF/CISF/BSF/ITBP/NSG etc.
- (b) Employees of Autonomous bodies/undertaking/Public Sector Banks even though administratively controlled by the Central Ministries.
- (c) Casual / Daily wages workers.
- (d) Employees attached to offices on temporary duty.
- (e) A newly recruited employed who has put less than 6 months in regular establishment/ service

12. Any information regarding change in dates/venue/cancellation etc. about the AICS tournament will be available on our website i.e. www.dopt.gov.in. All the participant teams are, therefore requested to check from organizers of the tournament about any possible change before starting their journey.


13. Referees'/Umpires' decision shall be final and binding on the competing teams.

14. The entries in the prescribed proforma enclosed at **Annexure I** (duly filled) may be sent either on email doptsports@gmail.com or physical mode at the office of Secretary CCSCSB, Room No.361, 3rd Floor, Lok Nayak Bhawan, Khan Market, New Delhi-110003 alongwith photocopy of ID card before the last date i.e. 15.3.2024.

15. **For any game related query Shri Mahesh Prasad, Convenor (CCSCSB) for Weighlifting, Powerlifting and Best Physique may be contacted at Mb.9810987370.**

16. The following Nodal Officers may be contacted in case of any other query:-

Sr.No.	Name	Contact information
1.	Shri Sujit Kumar Mishra, Secretary (CCSCSB)	011-24646961
2.	Shri Ajay Giri, Section Officer (CCSCSB)	011-24655798
3.	Shri Sandeep Aswal, Jr. Games Supervisor	8368892518


(Sujit Kumar Mishra)
Secretary (CCSCSB)

Copy to

1. Secretary, General Administration Departments of all States/UTs
2. Director of Sports & Youth Services of all States/UTs.
3. Shri Mahesh Prasad, Convenor – Powerlifting and Weightlifting and Best Physique
(CCSCSB-Delhi)-Mobile-9810987370

**ALL INDIA CIVIL SERVICES POWERLIFTING, WEIGHTLIFTING AND BEST PHYSIQUE
TOURNAMENT 2023-24**

ENTRY FORM

Name of the State/UT/ RSB : _____

S. No.	Name of Player/ID Card No.	Ministry/Department	Regular or not	Joining Date
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23				
Details.	Manager		Coach	
Name and Designation				
Office Address				
Contact No.				

Signature.....

Designation.....

State/Board.....

Full Address.....

Tele No/Fax No.....

Email if any.....

VERIFICATION CERTIFICATE

The State Government/R.S.B. intends to enter a team for the All India Civil Service Tournament/Competition. Consequently, I submit the entry form duly completed. I hereby undertake on behalf of the State Govt./RSBs to abide by the rules and instructions of the Tournament/Competition.

I certify that the players mentioned in this form who will participate in the All India Civil Services Tournament/Competition are employees of the State Government/Central Government. No member of the team is a casual/daily wage employees. All the players are eligible to participate in the Tournament/Competition as per eligibility criteria laid down by the Board. In case if it is found that any member of the team is not eligible and is included in the team, the team will be automatically disqualified from the Tournament/Competition without any notice.

I also undertake the responsibility to ensure that this State's/RSB's team after being entered in the Tournament/Competition will participate in the Tournament/Competition and at any stage would not refuse to participate or withdraw from the Tournament/Competition without prior approval of the Board.

Signature.....

Designation.....

State/Board.....

Full Address.....

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Tele No.....

Fax No.....

Email if any.....

Note:-

(a) The participants are required to produce their office identity cards at the venue. Therefore they shall bring their Identity Cards with them. Where the system of Identity Card is not in force, the participants can produce their photographs duly authenticated by their offices.

(b) This proforma will be used for all the AICS Tournaments/Competition and will be furnished to the Organising Secretary with an endorsement to the Board's office at least 10 days before the commencement of the Tournament/Competition duly signed by an officer not below the rank of Under Secretary concerned of the State and by the Secretary or President of Regional Sports Board.